### **Community News**



The Roosevelt and Curry County Habitat for Humanity is looking for volunteers to work at their current project house in Portales at 8 a.m. Saturday on the 300 block of East Kaywood. Volunteers are needed to build a shed, hang shelves and install storm doors.

For more information, call 359-1344.

### Game Night

A Game Night starts at 5 p.m. today at the End Zone. Games include spades, darts, dominoes and billiards.

The cost is \$5 per individual and \$8 per spades team. There will be door prizes and food.

For more information, call 784-4024.

#### 27 MDG limited services

The 27th Medical Group will have limited services during the Phase II readiness exercise Monday through March 9. Services available are:

Acute Care 7 a.m. to 4 p.m. Flight Medicine 7 a.m. to 4 p.m. Dental Sick Call 7 a.m. to 4 p.m. Pharmacy 7:30 a.m. to 5 p.m. TRICARE 7:30 a.m. to 4:30 p.m.

Real-world patients must use the Flight Medicine entrance on Casablanca Avenue.

### Legal Assistance

Legal assistance by attorneys will not be available during the Phase II readiness exercise Tuesday through March 9 due to the exercise. Notary service will still be given during normal business hours.

Walk-in legal assistance will still be provided on Monday.

Call 784-2211 for more information.

#### Advocate training

The Sexual Assault Response and Prevention office is conducting Victim Advocate training from 8 a.m. to 4:30 p.m. Monday through Wednesday

 $More\ Community\ News\ on\ page\ 9$ 



Vol. 52, No. 9

Cannon Air Force Base, N.M.

March 2, 2007



### Cannon preps for Phase II

After an alarm red from an exercise air attack was downgraded to alarm black at a previous Phase II readiness exercise, 27th Communications Squadron Senior Airmen Hector Medina (left) and Anthony Squeo conduct a post-attack reconnaissance survey.

Information on next week's exercise on pages 12-13.

### Officials release 2007 posture statement

By Master Sgt. Mitch Gettle Air Force Print News

WASHINGTON — Air Force officials released their annual posture statement which articulates the major elements required for the Air Force to fulfill its mission and its priorities over the course of the next year and into the future.

The secretary of the Air Force and the Air Force chief of staff testified before the House Armed Services Committee Feb. 28, delivering the the Fiscal 2008 National Defense Budget Request where the 2007 Posture Statement was released.

"Our posture statement further reaffirms our commitment to be good stewards of the resources entrusted to us and our resolve to dominate air, space and cyberspace in defense of our Nation now and in the future," said Secretary Michael W. Wynne and Gen. T. Michael Moseley in the posture statement's opening letter.

The posture statement outlines the key priorities for the Air Force this year: to fight and win the war on terrorism; to develop and care for our Airmen and their families; and to recapitalize and modernize our aging aircraft, spacecraft and equipment.

A key to meeting these priorities is that the Air Force must be committed "to sustaining our position of strength, the asymmetric advantages the Air Force gives our nation — America's edge," they said.

#### Maintaining America's Edge

The first segment of the posture statement details the challenges today and tomorrow, cyberspace operations, fiscal constraints and next generation Air Force.

"Our Air Force core values of integrity first, service before self and excellence in all we do — embodied in every Airman — guide our actions and ensure your Air Force remains committed and ready to deter, dissuade or defeat any adversary anywhere in the world," the statement reads.

"Your Air Force is dedicated to maintaining, evolving and expanding America's capabilities in air, space and cyberspace. These capabilities are America's edge, the foundation of America's unparalleled global vigilance, reach and power."

#### Fighting the War on Terrorism

The first Air Force priority is fighting and winning the war on terrorism.

"Your Air Force is in the fight in the Global War on Terror by providing global vigilance through theater-based aircraft, space systems and unmanned vehicles," Secretary Wynne said during testimony. "Air Force assets are surveying, tracking and identifying enemy positions as well as performing critical counter-IED missions.

"Your Air Force is in the fight, not just in Iraq and Afghanistan, but globally," he said. "Your Airmen are the nation's strategic edge."

#### **Developing and Caring for Our Airmen**

The Air Force today is a seamless total force, comprising more than 690,000 active duty Airmen, Guard, Reserve and civilians.

In caring for Airmen, Secretary Wynne said during testimony that reducing approximately 4000 officers and 10,000 enlisted personnel from the force was a very difficult task, but one that had to be done.

"We are at the point [in balancing equipment and personnel accounts] that the question is, do we hold onto our Airmen and give them equipment not as capable as it could be, or do we ask our Airmen to take on this duty to ensure the next generation is fully capable in fighting the next generation threat?" Secretary Wynne said to the committee.

Faced with emerging threats, the Air Force must rely on its Airmen by giving them the best equipment available, he said

Editor's note: see this full story at www.af.mil.



### N.M.'s newest fighter makes pit stop





Left: A pair of F-22 Raptors made a short stop overnight at Cannon Saturday after completing a training mission in the local area. The F-22 is the newest Air Force fighter aircraft and will replace the F-117 Nighthawk at Holloman Air

Above: Col. Scott West, 27th Fighter Wing commander (left), listens as Maj. Shawn Anger, an F-22 pilot from Tyndall Air Force Base, Fla., explains the differences between the Raptor and Cannon's F-16s.

### Test squadron demonstrates B-1B Lancer Sniper pod capability

By Senior Airman Jason Hernandez 95th Air Base Wing Public Affairs

EDWARDS AIR FORCE BASE, Calif. — Members of the 419th Flight Test Squadron here recently completed their initial developmental testing of the Sniper pod installed on a B-1B Lancer, designed to increase the aircraft's self-targeting capability.

The Sniper pod, manufactured by Lockheed Martin, is an advanced targeting pod with multi-sensor capability and allows the operator to positively identify targets.

Currently, the B-1B cannot positively identify targets without additional aids such as other aircraft or people on the ground, said Maj. Jacque Joffrion, the 419th FLTS B-1B flight commander and an experimen-

The positive target identification capability of the targeting pod is what enhances reconnaissance and weapon employment for the B-1B, said Maj. Joshua Lane, the 419th FLTS chief of standardization and evaluation and an experimental test weapon system officer.

"In addition, the targeting pod allows the operator to see behind the aircraft for a 360-degree sensor view," Major Lane said.

The B-1B provides a good platform for using the Sniper pod because of its unique capabilities, Major Lane said. The B-1B carries the largest and most diverse weapon payload of any U.S. aircraft and can also loiter for extended lengths of time providing a persistent presence to the battlefield.

The aircraft's combination of long loitering, positive

target identification and large payload gives warfighters a unique asset to better support the war effort.

The pod was attached to the left hand chin of the aircraft using existing mounting points during testing, Major Joffrion said. The external attach points were initially designed to allow the B-1B to carry cruise missiles externally. These hard points were modified to attach the targeting pod through a pylon assembly.

To communicate with the Sniper pod, power and control connections must be supplied from the aircraft to the pod. The current design uses the conduit from the hard points to route the required wiring to the pod from



A B-1B Lancer carries the Sniper pod on its belly as it flies during a flight test Feb. 23 from Edwards Air Force Base, Calif. The 419th Flight Test Squadron testers recently concluded the initial development of the Sniper pod installed on a B-1B. The Sniper pod is an advanced targeting pod with a multi-sensor system that increases the aircraft's self-targeting capability.

Inside the aircraft, aircrew control the pod using a hand controller and notebook computer, Major Lane said. The pod provides a video feed to the computer, while the hand controller connects to the pod through an on-board Ethernet.

Members of the 419th FLTS performed the third and final test of the Sniper pod with GBU-31 and GBU-38 Joint Direct Attack Munition drops.

"The significance of this test was to complete the demonstration of target identification and to provide post-strike bomb damage assessment," Major Lane said. "This capability is important for combat operations to provide near real-time feedback strike assessment for theater commanders. During this sortie, two initial looks of weapon separation characteristics were also tested using the guided bomb units."

419th FLTS officials must determine the aerodynamic interaction between the pod and the aircraft before the pod can be put into service on the B-1B, Major Joffrion said. Tests were completed to determine if the pod would disrupt air flow that could result in adverse weapon separation characteristics. These studies were intended to provide future data for more in-depth weapon separation tests under many more employment

"The testing was an integrated demonstration designed to provide a proof of concept pod for the B-1," Major Lane said. "The initial demonstration was very successful and shows promise for full integration onto the B-1 bomber."

### **DoD implements Anthrax Vaccine Immunization Program**

By Master Sgt. Mitch Gettle Air Force Print News

WASHINGTON — The Anthrax Vaccine Immunization Program, or AVIP, mandates Airmen assigned to high-threat areas receive the Anthrax vaccine, while also providing Airmen the choice to continue anthrax vaccines if they are not assigned to a designated high-threat area.

The Department of Defense issued a new policy memo Oct. 12 requiring the DoD begin mandatory anthrax vaccinations for individuals in selected highthreat areas or special mission units.

Headquarters Air Force sent out an implementation message Feb. 16 to major commands, directing them to implement the AVIP, in accordance with current DoD and Air Force guidance, said Lt. Col. Todd Shull, Air Force Counter-Biological Warfare Division

This implementation is in the initial stages and the Air Force has established a four-week timeframe, upon unit notification, for units to begin giving the Anthrax vaccine to Airmen meeting the mandatory guidelines, he said.

The mandatory anthrax vaccina-

tions are limited to Airmen who have orders to or are currently in specific high-threat areas — primarily the Central Command area of responsibility or Korean Peninsula, Colonel Shull said.

In order to be subject to the mandatory anthrax vaccination Airmen must remain in these areas for 15 or more consecutive days, the colonel said.

The DoD determined that these forward areas pose the highest threat for military forces so they must meet the mandatory anthrax vaccine measures. Additionally, personnel in designated special mission units, regardless of location, are also subject to mandatory Anthrax vaccination.

"The second key piece of the program is the voluntary aspect of the AVIP," Colonel Shull said. "This involves Airmen who have received at least one anthrax vaccine dose since 1998. Under the new guidelines, they can elect to continue getting the anthrax vaccinations in accordance with the dosing schedule whether or not they are [or will be] assigned to a designated high-threat

Taking the vaccine voluntarily is consistent with good medical practice and personal protection, Colonel Shull

"While we've identified two areas as the most likely locations for an Anthrax threat, we saw in 2001 that anthrax attacks could occur anywhere," he said. "Vaccination offers a layer of protection, in addition to antibiotics and other measures, that is critical for members of the armed forces."

The anthrax vaccine was first licensed in the United States in 1970. Since then, it has been given to those who could get exposed to environmental sources of anthrax such as service members, veterinarians, farmers, woolworkers, Colonel Shull said.

In December 2005, anthrax vaccine was found to be safe and effective against all forms of anthrax, including inhalation anthrax. Over the course of the last 37 years the safety and effecdemonstrated. The anthrax vaccine is just as safe as other vaccines we're normally given over the course of our lives, he said

Installation commanders will ensure compliance with the AVIP by maintaining oversight and ownership of the installation's AVIP implementation

"Ultimately, it comes down to the installation commanders to make sure this program works," Colonel Shull said. "They will be responsible to ensure Airmen receive mandatory vaccines when required and voluntarily continue the dosing schedule if they so desire."

Over the course of implementing this program, the Air Force will provide information and make additional information sources available to all Airmen about Anthrax and the AVIP. This includes a tri-fold handout, briefings, and web links.

More information about Anthrax vaccinations can be obtained at the following links:

- AVIP Trifold Brochure(PDF): http://www.anthrax.mil/documents/996AvipTrifold.pdf.
- AF/A3SC Anthrax Web site: tiveness of the anthrax vaccine has been https://www.a3a5.hq.af.mil/a3s/a3sc/ CCBRN\_resource/biological/anthrax/i ndex.asp.
  - Military Vaccine Agency (MilVax) Web site: http://www.vaccines.army.mil.
  - MilVax Anthrax Web site: http://www.anthrax.mil.
  - MilVax AVIP 2007 Web site: http://www.anthrax.mil/whatsnew/res umemandatoryselect.asp.

### Cannon Finance Office reminds Airmen of services provided online

By 1st Lt. Christopher Alexander 27th Comptroller Squadron

The Air Force has developed numerous tools for Airmen to access their financial records and military history info. Tools such as myPay, Leave Web and the Virtual Military Personnel Flight allow Airmen to research and correct any errors in their records. The key component of all these systems is user involvement; Airmen must take an active role to ensure their records are correct.

**MyPay** (mypay.dfas.mil) is an automated system that gives members access to pay and tax statements, Leave and Earnings Statements and W-2s. The myPay Web site can be accessed via any Internet-connected computer at home, the End Zone, the Cannon Library or in the office.

Leave and Earnings Statements (LES) are the single most important financial tool available to Airmen. The LES contains information that determines what each member's paycheck will be, an Airman's pay grade, years of service, pay entitlements, deductions and allotments.

Airmen should review all of the information on their LES periodically, but members should focus on the "Entitlements" section. If any errors are noted, the 27th Comptroller Squadron, or finance office, should be contacted.

For instance, members on the Meal Card program at the Pecos Trail Dining Facility should not be receiving full rate Basic Allowance for Subsidance (BAS). Also, members authorized to live downtown should receive Basic Allowance for Housing (BAH) based on their rank and if they have

If an Airman receives BAS or BAH when it is not authorized to them, they should report it immediately to the finance office. If these errors are not reported and the finance office finds them, the funds will be taken back from that Airman's

Why do I keep getting calls about my Government Travel Card (GTC)? Airmen will be contacted by their Commander's Support Staff, first sergeant and the finance office if they are delinquent in making a payment. All GTC accounts must be paid in full by the 16th of every month, regardless of a change of station, temporary duty assignment (TDY) or deployment.

Filing a travel voucher does not end Airmen's GTC responsibility. It is the member's obligation to ensure their GTC balance has been paid in full every month. GTC delinquency can lead to administrative punishment and have a negative impact on personal credit.

GTC cardholders can access their account info online by registering at https://www.gcsuthd.bankofamerica.com/eagls selfregistration/selfreg.

Once established, this access will allow members to track all transac-

paycheck, sometimes without prior tions, update contact info, and view current and previous statements. Cardholders can also make a payment via www.myeasypayment.comor calling (800) 472-1424.

> The Defense Travel System (DTS) is a tremendous improvement to the TDY process. This Web-based system allows travelers to book airline reservations, claim expenses and file travel vouchers.

> With DTS, the member can recoup travel expenses without making a trip to the finance office. DTS requires members to scan or fax their receipts, attaching them to the online voucher. This simple task allows approving officials and unit leadership to validate expenses paid to

> MyPay, the LES, the GTC and DTS are all informative resources and tools the Air Force has adopted to give Airmen hands on control and involvement in their personal matters. For more information, call the finance office at 784-2646.



### COMMENTARY

### Working outside comfort zones ensures smooth transition

By Lt. Col. Stephen Wood 27th Civil Engineer Squadron commander

In the next six to 12 months the members of Team Cannon will be pushed to their "max" to effectively transition to a new organization. Pending the outcome of the ongoing Environmental Impact Statement, Cannon Air Force Base will transition from the 27th Fighter Wing to the 16th Special Operations Wing on Oct. 1.

To make this transition successful all members of Team Cannon - military, civilian, contractors, dependents and members of the community - will need to expand their efforts outside their comfort zones to build new and effective relationships.

Building new and effective relationships will improve communication and minimize the number and impact of issues that "fall between the cracks" and impede transition success. Whether you are a member of a unit that is being deactivated, or a member of a sustaining unit that will remain in place, you can enhance Team Cannon by expanding beyond your day-to-day activities to embrace new challenges. In the best-selling book "Leadership and the New Science," Margaret Wheatly points out that, "In organizations, real power and energy is generated through relationships. The patterns of relationships and the capacities to form them are more important than tasks, functions, roles, and positions."

We all are comfortable with our roles and functions, but everyone benefits from pushing our current comfort level to encompass the new roles, functions and relationships that this transition brings.

Using a sport analogy, a team is a group of people with a high degree of interdependence geared toward the achievement of a common goal or completion of a task. A team collaborates to reach a shared goal for which they hold themselves mutually accountable. Members of a successful team are willing to step outside their defined roles or functions to enhance team performance. This may require additional individual effort, adjustment of roles, or subjugating individual performance to meet the team's needs. If all the members of our team, military, civilian, contractors, dependents and members of the community, are not willing to make this effort, Team Cannon will not achieve our common goal a successful transition.

For example, the civil engineer team is required to balance three equally important challenges. First, that the 27th FW mission remains unimpeded. Next, supporting unit deactivation and the resulting facility vacancies, and finally, identification of the incoming wing's facility requirements and timing to ensure a smooth 16th SOW beddown. However, two thirds of these challenges cannot be successfully accomplished without building new relationships and communicating with all the entities involved.

What are you doing to build new relationships, communicate your requirements and ensure your portion of the transition is progressing smoothly? Are you being a good team member, such as building relationships and expanding your roles and functions to fulfill team Cannon's goals?

In their book "Thinking About Quality" Lloyd Dobens and Clare Crawford-Mason state; "It is not a question of how well each process works, the question is how well they all work together." Team Cannon has reached this point. Our individual processes work well. Our success in the coming months will be measured in how well we work together, stretching ourselves to expand efforts outside our comfort zones to build new and effective relationships such that we can easily identify issues that might "fall between the cracks" and impede transition success.

### Service: Ask yourself 'What does it mean to you?'

By Tech. Sgt. Scott T. Sturkol Air Mobility Warfare Center Public Affairs

FORT DIX, N.J. — Imagine asking a military veteran from your hometown, "What does service mean to you?"

You'll probably get an earful in return. In the Air Force, we hear service before self. However, before anyone thinks this is a lecture on core values — hold on. There's a lot more to explain.

First, have you ever left a store or a restaurant and wondered afterward, "Where was the customer service?"

Chances are you were probably right, but in turn those who treated you poorly may think what they did was provide you with good customer service.

Whose perception is right or wrong? The answer lies mostly in the opinion of the recipient, but I've always believed you should treat people how you would want to be treated.

The truth is, the term "service" has many meanings, but I believe those meanings all blend together. Service is about loyalty, hard work, dedication, initiative, humility and sacrifice (to name a few). It means sometimes putting other people's needs ahead of your own. It means truly caring about what you do, what you say, and how that affects those around you.

I recall recently when I met a Vietnam veteran who lost both of his legs in the war. I talked with him and asked him why

troops and remembering the military heroes of the past. In a spirited yet soulful response, he said, "I may have lost my legs, but I still have my heart. I'm proud to have served. Now, I do whatever I can."

As another example, for the past 15 years, I've been married to a woman who has given me three children, saw me leave on a half-dozen deployments, numerous temporary duty assignments and work late more than once. Did she have to put up with that? Why does she stay and how come I deserve someone like her? Only my wife could answer those questions.

The same idea holds true for children, parents and friends who know you, are loyal to you, and help you when you need

he was still so dedicated to supporting it. What is it in your relationship with them that keeps you dedicated to them?

> It's through all of this where we must understand the deeper meaning of service.

> I've thoroughly enjoyed my military career to this point and will continue to enjoy it until I retire some years from now. There have been millions before me who have "served" in the military and millions more who "served" along side them in families and through many, many support functions. I've given my decade and a half of years in service to my country that I'll never get back, but I am proud that I've had the opportunity to be in "the service."

> If you find yourself wanting to ask a question about "service," look inside and find what it means to you.

### **MACH METER**

The MACH METER is published by the Clovis News Journal, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 27th Fighter Wing at Cannon Air Force Base, New Mexico. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the MACH METER are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force.

The appearance of advertising in this publication, does not constitute endorsement by the Department of Defense, the Department of the Air Force or the Clovis News Journal of the products or

services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared and provided by the Public Affairs office of the 27th Fighter Wing.

All photographs are Air Force photographs unless otherwise indicated. For paid advertisements, call the advertising department of the Clovis News Journal at 763-3431.

News articles, local notes and other items for the MACH METER should be brought to the 27th Fighter Wing Public Affairs Office, 110 E Sextant Ave. 1099, or e-mailed to the Mach Meter at 27fwmachmeter@cannon.af.mil.

based on news value and timeliness.

Every article and photograph will be edited for accuracy, clarity and brevity, conformance with the Associated Press Stylebook and Libel Manual and with Air Force Instruction 35-101. Coverage of upcoming events should be arranged in advance by calling the Public Affairs office at 784-4131.

If you have a suggestion you would like to make, or a kudo you'd like to give, call the ACTION LINE at – If you have a problem you need resolved, call the responsible agency first so they can provide better service to everyone promptly.

Deadline for submitting articles is Thursday the week prior to publication. Dead-line for free classified advertisements is noon the Tuesday prior to publication.

### All submissions will be considered for publication **MACH METER EDITORIAL** Staff

Col. Scott West

ander, 27th Fighter Wing Capt. Rebecca Garcia Chief. Public Affairs 2nd Lt. George Tobias Deputy, Public Affairs Mr. Greg Allen

Chief, Internal Information Airman 1st Class Thomas Trower Editor





### This week's **Viper Volunteer is**



### Tech. Sgt. James West

Col. Scott West, 27th Fighter Wing commander, presents Tech. Sgt. James West, 27th Logistics Readiness Squadron with the Viper Volunteer of the Week award. Sergeant West participates in the Mentors for Motorcycle Safety program, coordinated the 27th LRS Thanksgiving Meal and is the treasurer for the Top 4. He also participates in flight programs such as the Fire Muster Team, Operation Warm Heart, the Zia Mentor **Elementary** program and the Curry County Meals-on-Wheels.

The Viper Volunteer highlights the spirit of volunteerism and extraordinary contributions to the Cannon community. To nominate a Viper Volunteer, call Ellen Saccoia-Smith at 784-4228.



### Sgt. Afi's 36-2903 Tip of the Week

In accordance with Air Force Instruction 36-2903, Table 2.5, Item 1 — Body alterations or modifications are prohibited if it is intentional and results in a visible, physical effect that detracts from a professional military image.



### **Energy-Saving Tip of the Week**

Save energy while cooking.

Turning the stove off a few minutes before food is done will allow retained heat to finish the cooking.

Use smaller toaster ovens, microwaves or crock pots when possible, rather than baking with a large oven.

6 March 2, 2007 MACH METER

### **News Features**

### Is your family protected?

### Updated records ensure peace of mind

Courtesy of the Ar Force Personnel Center

RANDOLPH AIR FORCE BASE, Texas — Safeguarding important papers is something we all have been taught to do. Some of us lock them in a box underneath the bed; others store them in a safety deposit box or tuck them away in a 'secret' coffee can. Whatever the method, we know these papers must be kept safe.

But what is the point in securing these papers if they don't protect your family?

When is the last time you checked your Servicemembers' Group Life Insurance (SGLI) and virtual record of emergency (vRED)? Do they reflect the

recent changes in your life?

"Airmen must take the time to ensure their SGLI and record of emergency data are always updated to reflect their current circumstances," said Tom Perry, chief of the Air Force casualty matters division at the Air Force Personnel Center. "The designations and information Airmen provide via these documents are binding and the Air Force will carry them out as the members wishes."

SGLI is paid to the designated beneficiary listed on the election form regardless of that person's current relationship to the insured servicemember. Have you remarried, recently divorced or setup a trust? All these events could require an update to your

SGLI beneficiary.

Likewise, these same events could drive the need for an update to your virtual Record of Emergency Data. vRED data is used to notify designated next-of-kin family members in the case of any emergency. This information ensures the Air Force will be able to notify your loved of ones of your status in a timely manner.

The record of emergency data also allows you to instruct the Air Force on other matters. You can select who will receive your unpaid pay and allowances, your death gratuity, and who will determine the disposition of your remains.

"Keeping your SGLI and vRED up-to-date is one of your most important responsibilities



AIR FORCE GRAPHIC

The Air Force Personnel Center has designated March as Personnel Records Readiness Month, a time for military members to review their virtual records at *http://ask.afpc.randolph.af.mil.* 

as an Airman," said Maj. Gen. Tony Przybyslawski, AFPC commander. "It helps your Air Force family to take care of your family in an emergency." For information on updating SGLI and vRED visit the AFPC Web site at http://ask.afpc.randolph.af.mil or call (800) 616-3775, select option 1, 1, 2.

## SGLI disability extension expands coverage

By Jacqueline Pinkett-Smith Casualty/SBP Assistance Rep

On June 15, 2006, Public Law 109-233, better known as the Veterans' Housing Opportunity and Benefits Improvement Act became law resulting in a change affecting the Servicemembers' Group Life Insurance (SGLI) program.

Currently, service members who have SGLI coverage who are totally disabled when they separate from service can apply for an extension of their SGLI coverage for up to one year with no premium cost. P.L. 109-233 extends maximum free coverage period from one year to two years and is retroactive to one year before its enactment. As a result, the twoyear SGLI disability extension is available to veterans who meet these conditions:

- Servicemembers who were discharged on or after June 15, 2005;
- Servicemembers who had SGLI coverage at the time of separation; and
- Servicemembers who have been totally disabled continuously since their date of separation.

To apply for this extension or to get more information, veterans can visit the VA Insurance Web site at www.insurance.va.gov/sgli Site/SGLI/sglidisabled.ht m or call their local Casualty Assistance Representative at 784-2562.

They can also contact the Office of Servicemembers' Group Life Insurance toll-free at (800) 419-1473.

Veterans affected by this change who have questions, should call (215) 842-2000, ext. 4275 or e-mail ruth.berkheimer@va.gov.

### Want that stripe? Check your records

Courtesy of the Air Force Personnel Center

RANDOLPH AIR FORCE BASE, Texas – The one constant among all Airmen is the desire to be promoted.

There are many things Airmen can do to affect their chances for promotion, but perhaps the most important is ensuring their personal information is correct. Missing or inaccurate enlisted or officer performance reports, decorations, awards and citations can affect promotion scores for senior airmen through general officers.

Fortunately, the Air Force makes it easy for Airmen to check their records online through the virtual Military Personnel Flight (vMPF).

"Every Airman is responsible for his or her career and should review his or her record on a routine basis or prior to any board where the record may be reviewed," said Maj. Gen. Tony Przybyslawski, Air Force Personnel Center commander.

Airmen receive e-mail notifications around their birthday each year advising them to review their electronic personnel records maintained within the Military Personnel Data System.

Officials suggest after Airmen log in to vMPF and accomplish a records review; a hard copy should be printed for personal safekeeping. If all information is correct, no further action is required until the next annual review.

If errors are discovered and individuals can make the needed changes to those parts of the record where update links are provided, they should do so. Other errors should be directed to the commander's support staff or Air Force Contact Center for resolution.

AFPC's Promotion Board Records Branch is responsible for providing Airman a copy of the selection record within 30 duty days of receipt of a valid request. This timeframe actually stretches to about 45 calendar days when you add in non-duty days. Each request is accomplished in a "date precedence order" from the time it's received at the PBR branch.

There are two categories of requests: "As Is" and "As Met." Officers and senior NCOs may request one "As Is" copy and one "As Met" copy of their selection record within a consecutive 12-month period per each request. The "As Is" request provides a copy of the record "as it is" when requested. To request an "As Met" copy, the record must have met a selection or evaluation board within the past 12 months. "As Met" copies cannot be requested until after promotion results have been publicly released. "As Met" copies will reflect the selection record "as it met" the selection board.

Officers and senior NCOs can request a copy of their personnel records by completing a Selection Record Request Worksheet by visiting the AFPC Web site. The completed worksheet should be e-mailed to *Records.Review@randolph.af.mil*, or faxed to either DSN 665-2693 or commercial (210) 565-2693. Finally, AFI 36-3003 grants everyone the opportunity to request permissive TDY to review their record in person.

For more information, Airmen should visit their commander's support staff or call the Air Force Contact Center at (800) 616-3775, commercial (210) 565-5000 or DSN 665-5000.



# Hearts Apart

Left behind doesn't mean left alone



Key Spouse Program

Morale Calls

Give Parents a Break

Car Care Because We Care

Deployed/Remote Quarterly Family Meal

Find out more about Hearts Apart by calling the Airman and Family Readiness Center at 784-4228.



PHOTO BY GREG ALLEN

### Pet of the Week

This puppy is a black and white female border collie-mix and is ready for adoption. For more information, call the Airman and Family Readiness Center at 784-4228.

### **COMMUNITY NEWS**

#### ■ Continued from page 1

in Bldg. 300, room 115.

The Sexual Assault Response and Prevention office is seeking volunteers to assist sexual assault victims. Advocates provide support and inform victims about available services.

For more information, call 784-1069 or 784-7272.

### OSI recruit briefing

The Air Force Office of Special Investigations will hold a recruitment briefing at 10:30 a.m. on March 9 in Bldg. 575.

Applicants must be at least 21, in the pay grades E-4 to E-7 and at least one year time on station. Total active military service cannot exceed six years for E-4s or 12 years for E-7s.

For more information on OSI special agent duty before the briefing, go to <a href="http://public.afosi.amc.af.mil">http://public.afosi.amc.af.mil</a>.

#### Cholesterol class

One-on-one diet consultations will be provided at this two-part class at the Cannon Health and Wellness Center. Part one will be March 13 and part two will be March 22. Classes run from noon to 1 p.m.

Airmen must sign up to attend.

To sign up or for more information, call Tech. Sgt. Alonzo Cromwell at 784-1004.

### **Enlisted Commissioning Briefing**

The Quarterly Enlisted Commissioning Briefing will be from 11 a.m. to noon on March 15 at the Cannon Training and Education Office located in Bldg. 600, Suite 2099. All enlisted Airmen are invited to attend.

Call 784-4184 to reserve a seat.

### Deployed/Remote family meal

Families of Airmen deployed or stationed at remote facilities are invited to a family meal at 5 p.m. March 20 at the Pecos Trail Dining Facility.

For more information, call 784-4228.

### Airmen help Kyrgyz K-9 corps take shape

**MACH METER** 

Story and photo by Capt. Tim Wade 376th Air Expeditionary Wing Public Affairs

MANAS AIR BASE, Kyrgyzstan — Airmen of the 376th Expeditionary Security Forces Squadron here are training a new breed of fighters for the war on terrorism.

The Airmen normal protect the members of the 376th Air Expeditionary Wing supporting Operation Enduring Freedom, but are now helping train a Kyrgyz military working dog unit.

A warehouse here has been designated as the playground, and when the building door opens, Tech. Sgt. Mark Lotre of the 376th ESFS K-9 unit gives the order to a waiting Kyrgyz team to begin searching the area.

A Kyrgyz dog handler issues the order, "???!! - ISCHI," which means search to Valya, a 10-month old pure Belgian shepherd.

The dog frantically moves from area to area, but the handler controls the dog. The dog moves from wheel to wheel, up and down, and side to side of a forklift. Even though the amount of explosives used is very small, it is found by Valya.

Off to the second obstacle. Rows of pallets line the left side of the warehouse.

Valya, with handler in tow, weaves in and out of the rows of pallets then she sits down again. Valya's reward — out comes the ball and it is time to play. Her handler throws the ball and off she runs. The game is not over though. She has one last mission in the warehouse. Valya searches a stack of boxes and again finds the explosive.

The training is a game that serves another purpose, Sergeant Lotre said.

"What we do is build the confidence in the dog," Sergeant Lotre said. "The physical ability and all that is

one thing, but the confidence is important."

The confidence is not only important to the dog, but also to the handler as well.

"When we first started the class project, there was no confidence whatsoever," said Valya's handler. "The dogs were not trusting and confident in us, and we were not trusting and confident in them. We did not have that trust link between dog and handler. It has changed a lot. We trust our dogs and we know if an explosive is there, it will definitely be detected by the dog."

Prior to the war on terrorism, a military working dog unit was not a capability of Kyrgyz republic, Valya's handler said. The dogs are now on the front line.

"In fact, these dogs will work for the whole republic," the Kyrgyz handler said. "Of course, having these dogs trained well enough, they can help prevent certain terrorist attacks or explosions."

The Kyrgyz handler also said the team is looking to increase the number of dogs from three to five within the next year.

Even with such a serious job at hand, the handlers prefer to treat the training as a game.

"The dog can't tell whether we're real world or whether we are training," Sergeant Lotre said. "All the dog knows is it is playing a game and we always let him win that game. Whether we are doing attack work or explosives, the dog is always going to win. Because once you lose that game and someone beats you, you don't want to play anymore. They always want to come back and play."

The training is not only for the dogs, but also for the

"When we are doing our training, we are training their dogs [and] handlers," Sergeant Lotre said. "We totally explain the method which we're using and why we are using it. So when they encounter another similar problem, they can relate back to it and fix that problem on their own."

The training is not going to stop once Sergeant Lotre and his team redeploy.

"We have already discussed with leaderships, the base and theirs, of continuing this training," Sergeant Lotre said. "Our replacements already know what these dogs are doing, where they [are and] where they need to go. We already have the foundation set, so when we turn the reigns over, they fall right into place and the training will continue."

(Note — Due to their regulations, Kyrgyz dog handlers cannot be identified.)



Tech. Sgt. Mark Lotre holds up a ball to train K-9 Valya to jump over a barrier Feb. 20 at Manas Air Base, Kyrgyzstan. The 376th Expeditionary Security Forces Squadron works with the Kyrgyz republic to help train dogs and their handlers. Sergeant Lotre is deployed from the 9th Security Forces Squadron at Beale Air Force Base. Calif.



### What's happening?

Family Fun Night – 6 p.m. at Cannon Lanes

"Tween Lock-in – 8 p.m. at the Youth Center

Cosmic Bowling – 9 p.m. at Cannon Lanes

Dart League – 6:30 p.m. at the End Zone

Homestyle Buffet – 11 a.m. at The Landing

Conversational Language Skills Arabic – 11 a.m.

Family Crafts – 5 p.m. at the Clovis Community



#### **Today**

Seafood Buffet – 11 a.m. at The Landing Conversational Language Skills Japanese – 11 a.m. at the Cannon Library

Family Membership Night and Karaoke – 5 p.m. at The Landing

DJ - 7 p.m. at the End Zone



Tuesday

Center

at the Cannon Library

Saturday

Sunday

Monday

Chef's Choice – 11 a.m. at The Landing 3 games & burger basket – lunch at Cannon Lanes Conversational Language Skills Spanish – 11 a.m. at the Cannon Library

XBox Challenges – 5 p.m. at the Portales Community Center

Daddy and Me Craft – 6 p.m. at the Clovis Community Center

#### Wednesday

Conversational Language Skills Chinese – 11 a.m. at the Cannon Library

Wild Wednesdays – 1:30 and 9 p.m. at Cannon Lanes

#### **Thursday**

Story Time – 10:30 a.m. at the Cannon Library Roast Beef – 11 a.m. at The Landing Conversational Language Skills French – 11 a.m.

at the Cannon Library

Family Game Night – 6 p.m. at the Clovis Community Center

### **F**EATURE

# Air Force retiree 'fishes' for recruits

By Valerie Joseph 21st Space Operations Squadron Public Affairs

ONIZUKA AIR FORCE STATION, Calif. – When Capt. David Erwin retired from the Air Force in 2001, he wasn't quite ready to leave the "blue" life behind. Instead, he came up with a plan to combine his love of fishing with his desire to maintain a connection to the Air Force.

Today this one-man Air Force ambassador holds the distinction as the only professional fisherman in the country sponsored by the Air Force, and his passion is clearly evident. His Chevy Tahoe, parked outside the Blue Cube here, proudly sports "airforce.com" stickers, and his blue and silver boat boasts "Cross into the Blue" along its sides.

"I loved my Air Force experience and wasn't ready to give it up for good when I retired," Mr. Erwin said.

As an active-duty Airman, Mr. Erwin served for 10 years as an enlisted aerospace ground equipment mechanic before being selected for Officer Training School. In 1991 he came to Onizuka Air Force Station as a "newly-minted" second lieutenant.

After nearly 22 years on active duty, Mr. Erwin retired from the military, only to return to Onizuka as a senior systems engineer for Stellar Solutions, where he serves as advisor to the Air Force on satellite command and control operations and engineering.

Mr. Erwin competes as a professional fisherman, or angler, in West Coast national-level bass angling tournaments from Lake Shasta in Northern California to Lake Havasu in Arizona. He teamed up with a recruiting squadron in Sacramento, and together they spread the word on Air Force careers.

"I enjoy talking with young folks about opportunities in the Air Force," he said, "and I wear the uniform every chance I get."



An ABC News camera crew followed professional fisherman Dave Erwin and Army veteran Warren Hardy as the two men spent a day fishing. Mr. Erwin's "Practice with a Pro' program brings professional anglers and active-duty and retired military members together to thank the veterans for their service to the country.



PHOTOS BY MADISON ERVIN

Dave Erwin (left), an Air Force retiree and Air Force-sponsored professional angler, stands on his boat with Army veteran Warren Hardy during a recent fishing outing. Mr. Erwin's 'Practice with a Pro' program pairs professional fishermen with active-duty and retired military members to thank the veterans for their service to the country. The two men were interviewed by an ABC News crew for a segment by ABC News.

About two years ago Mr. Erwin started a program called "Practice with a Pro," where active-duty members and retirees can spend a day on the water with a professional angler to fish, relax and have fun.

"We professional fishermen want to say 'thank you' for serving our country," he said. "It's the sacrifices [Airmen] make every day that enable us to enjoy the great sport of fishing."

Mr. Erwin set up a national registry that enables tournament anglers and current and former military people to connect. He recalled many times traveling alone to practice for a tournament and thinking it would be nice to share the experience with another person.

"I thought, why not let one of our nation's heroes join me for the day," he said. "It [would be] rewarding for both the angler and the military member."

Mr. Erwin's enthusiasm for the Air Force has taken him to numerous events throughout California, including the Salinas Air Show, San Jose Veterans' Day Parade, and the Oakland A's Fan Appreciation Day. He'll talk to anyone and everyone about the Air Force and said he feels strongly about the importance of making a difference to "his Air Force."

Recently his efforts garnered national attention when ABC News contacted Mr. Erwin to include him in a story narrated by ABC News anchor Bob Woodruff, who was injured in a roadside attack in Iraq in January 2006. The news correspondent and his cameraman sustained traumatic head injuries in the attack.

Now well on the road to recovery, Mr. Woodruff has started a foundation to help people injured in service to their country who have suffered similar brain injuries.

His quest to educate the American people on these types of injuries and highlight other people doing good things for veterans brought an ABC News team to the Campbell, Calif., home of Army veteran Warren Hardy, who suffered a traumatic brain injury and damage to his spinal cord three years ago when his armored personnel carrier struck an anti-tank mine in Iraq.

Following Mr. Hardy's release from the Army, he and his wife moved back to Silicon Valley, where Mr. Hardy had been employed as a software engineer. Mr. Hardy has not been able to return to work and is still undergoing treatment for his injuries.

Through contact with friends and phone calls, Mr. Woodruff

learned of Mr. Erwin's "Practice with a Pro" program, which brought Mr. Erwin and Mr. Hardy, who is also an avid fisherman, together. An ABC News camera crew chronicled the angler and the injured veteran fishing at nearby Lake Anderson. One of Mr. Woodruff's assistants interviewed Mr. Erwin for a news segment that aired Tuesday.

The veteran angler, though obviously happy about appearing on national news, remains focused on his number one mission.

"Hopefully," he said, "my program ... will get some publicity."

Mr. Erwin has a number of sponsors and chooses only those which compliment his primary sponsor, the Air Force.

"I am 'aiming high," he said, "and [I am] in negotiations with several other companies."

As if all this wasn't enough to keep him busy full time, Mr. Erwin also performs enlistment ceremonies for Air Force Reserve recruiters and mentors high school students. He proudly displays his boat at air, boat and outdoor shows as often as possible.

All he needs now, he said, is a good answer to the question, "So why does the Air Force need a boat?"





### Unit Spotlights



### Congratulations headquarters safety award winners

### **Air Combat Command:**

Wing Chief of Safety of the Year Lt. Col. Ancel Yarbrough III, 27th Fighter Wing Safety

Flight Safety Officer of the Year Award Capt. Ronald Crabtree, 27th Fighter Wing Safety

Explosive Safety Outstanding Achievement Award Master Sqt. Edward Story, Jr.,

Flight Safety Special Achievement Award

27th Fighter Wing Safety

27th Fighter Wing Safety

**Religious Education** 

Flight Safety Award 27th Fighter Wing Safety

Missile Safety Plaques 27th Fighter Wing Safety

Explosives Safety Plaques 27th Fighter Wing Safety

Wing Safety Program of the Year Award 27th Fighter Wing Safety

Traffic Safety Special Achievement Award 27th Fighter Wing Safety

### 12th Air Force:

Crew Chief Safety Outstanding Achievement Staff Sgt. Robert Lumpkin, 27th Fighter Wing

Flightline Safety Outstanding Achievement Tech. Sgt. David Steele, 27th Fighter Wing Safety

Logistics Safety Outstanding Achievement Master Sgt. William McCormack III, 27th Logistics Readiness Squadron

Ground Safety Special Achievement Award Tech. Sgt. Michael Rogers, 27th Fighter Wing Safety

### (a) CANNON AIR FORCE BASE CHAPEL

### **Chapel services**

### **CATHOLIC**

9:15 a.m.

Sunday (grades K-6)
Sunday Mass 10:30 a.m. and 5 p.m.
Reconciliation 9:30 a.m.
Weekday Mass (M,W,F) 12:05 p.m.

Edge/LifeTeen youth ministry 6 p.m. Sunday (grades 7-12)

### **PROTESTANT**

Contemporary 9 a.m.
Sunday School 10:30 a.m.
Gospel 12 p.m.

For more information about other programs or other faith groups, call the chapel office at 784-2507.

### <u> At\_the\_Movies</u>

The Cannon Theater is located on Torch and Ingram. Movie prices are \$3.50 for adults and \$1.75 for children.

### Dreamgirls

#### Today and Sunday at 6 p.m.

**Description**: Three friends from Chicago are a promising singing trio called The Dreamettes. Their talent attracts an ambitious manager who uses unscrupulous tactics to move the girls from backup singers to superstars of their own. The group evolves into a more sophisticated group, The Dreams, with a lighter sound and chic look. They successfully attract a "whiter" audience and rise to international stardom. However, this does not bring them happiness.

**PG-13** – drug content, sexuality and language

Running time: 131 min.

### The Queen

#### Saturday at 2 p.m.

**Description:** A revealing, witty portrait of the British royal family in crisis immediately following the death of Princess Diana. In the immediate aftermath of the Princess's passing, the tightly contained, tradition-bound world of the Queen of England clashes with the slick modernity of the country's brand new, image-conscious Prime Minister, Tony Blair. The result is an intimate battle between private and public, responsibility and emotion, and custom and action.

**PG-13** – language **Running time**: 103 min.

### **Smoking Aces**

#### Saturday at 6 p.m.

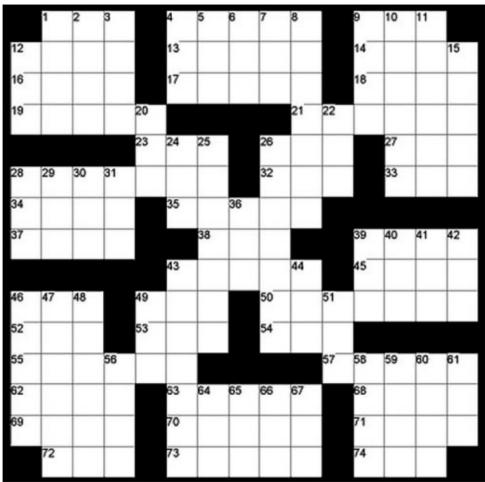
**Description**: Mob boss Primo Sparazza has taken out a contract on Buddy "Aces" Israel, who has agreed to turn state's evidence against the mob. The FBI places Aces into protective custody-under the supervision of two agents. When word of the price on Aces' head spreads into the community of ex-cons and cons-to-be, it entices bounty hunters, deadly vixens and double-crossing mobsters to join in the hunt.

**R** – strong bloody violence, pervasive language, nudity and drug use

Running time: 109 min.



### THE LIGHTER SIDE



ANSWERS ON PAGE 18

Women in History By Capt. Tony Wickman 71st Flying Training Wing Across

1. Beckham's new org.

4. Loretta \_\_\_; first Yeoman (F) in the USN (1917)

9. Crypto org.

12. Lt. Cordeila \_\_\_; first woman to receive the Bronze Star

13. Hawaii greeting

14. Coulter and others

16. Against

17. Adm. George \_\_; only U.S. Admiral of the Navy

18. Shakespearean villain

19. Insane

21. Dr. Mary Edwards \_\_\_; first woman MoH recipient (1863)

23. 7th letter of Greek alphabet

26. \_\_\_ Force One

27. Before, poetically

28. Hazel W. \_\_\_; first African-American woman general (1979)

32. Field ration, in short

33. Draft org.

34. Away from the wind

35. Dr. Anita Newcomb ; first woman Army surgeon (1898)

37. Curved

38. Book/film, In \_\_\_ Shoes

39. Anna Mae \_\_\_; 1 of 2 women promoted to general in the Army

43. Theme

45. USAF PME school

46. General of the Air Force

Henry "\_\_\_" Arnold 49. To \_\_\_, With Love

50. Eileen \_\_\_; first woman shuttle pilot and commander

52. Japanese sash

53. Start of American ships

54. Terminate

55. Margaret \_\_\_; first Marine

Corps general officer (1978)

57. Every rose has one?

62. Drill

63. Creepy

68. Margarine

69. Tale

70. Entertain

71. Fibber

72. USAF org. on base belonging to another command

73. Alene \_\_\_\_; first woman

admiral in the USN (1972)

74. Celebrated in May?

Down

2. Lt. Elsie \_\_; first woman to

receive the Air Medal

3. Play

4. Blob

5. Pub order

6. Short

7. Female person 8. Out of control; disordered

9. Building need

10. \_\_\_ on a Plane 11. Upsets

12. Taxi

15. Lesions

20. Affirmative 22. \_\_\_ You Being Served?; sitcom

 $24.\ Mission\ Impossible\ actress$ 

\_ Aweigh; USN song

26. CV-66

28. Punch

29. Bullring cheer

30. Coop denizen

31. Capture 36. Acquire

39. A Space Odyssey computer

40. \_\_\_\_ 36-2903, Dress and App.

41. \_\_\_ and yang 42. 50 ACROSS piloted, in short

43. Wrong interpretation

44. Lt. Annie G. \_\_; first woman

awarded the Purple Heart medal 46. Oveta Culp \_\_\_; WAC director

47. Overseas

48. South Dakota capital

49. Litigate

51. Permit

56. Left

58. Jeanne \_\_\_; first woman general in USAF (1971)

59. Hodgepodge

60. Vinnie \_\_\_\_; 1st woman to be commissioned by the U.S.

61. Neither's partner

64. Flightless bird 65. Lament

 $66.\ \mathrm{RQ}\text{-}4$  mission, in brief

67. \_\_\_! the Cat

### SPORTS AND HEALTH

### AMXS wins intramural championship in clean sweep

Story and photo by Airman 1st Class Thomas Trower 27th Fighter Wing Public Affairs

27th Aircraft Maintenance Squadron Airmen pushed their way to defeat the 27th Equipment Maintenance Squadron 59-54 at the Intramural Basketball Championship Feb. 22 at the Cannon Fitness Center.

The championships were a three-day double-elimination tournament that marked the conclusion of the basketball season.

Although this was the final game for the intramural basketball season, there were only a few people in the crowd.

From the start, AMXS kept EMS at arms length, maintaining a constant slight lead for the first 10 minutes of play. With their strategy and teamwork, AMXS had five players contribute multiple scores to their lead, including lead scorers Dan Hallimen and Keith Rochford. EMS had only two who shined above the rest, lead scorer Mike Lacy and Alex Armstead.

After a steal by AMXS' Reggie Fitness Center at 784-2466.

White, Hallimen drops in an easy layup to cinch their lead at 35-25 at half time.

When the second half started, both teams came out swinging with back-to-back scores.

EMS was determined to stop AMXS from adding to its lead but could only match their scores to keep a 10-point distance until five minutes remained in the game.

Over the next two minutes, EMS pulled out all the stops to close the gap to five points.

In the end, EMS couldn't keep up with AMXS, who soared undefeated through the tournament. EMS' Ben Miner tried, but failed, to sink the game's final shot at the buzzer.

Contributing to AMXS' 59-54 victory were their top scorers, Hallimen with 19, Rochford with 14, Bryan Meyer with 10, Calvin Washington with 7, and Greg Carter with 5

EMS's top scorers were Lacy with 18, Marvin Morrow with 15, and Armstead with 9.

The next intramural sport is volleyball, slated to begin this month.

For more information, call the Fitness Center at 784-2466

AMXS' Keith Rochford tries to sink a field goal as EMS' Mike Lacy attempts to block. AMXS beat EMS 59-54 to go undefeated through the Cannon Intramural Basketball Championships.

# Cannon B-Ball places 2nd at Holloman AFB tournament

Courtesy of the Cannon Men's Varsity Basketball team

The Cannon Men's Varsity Basketball team, the Lethal Hoops, came in runner up at a Holloman Air Force Base, N.M., double-elimination tournament Sunday after a startling comeback from a first game loss.

Three weeks earlier they lost two games to Holloman as part of team tryouts. When the Lethal Hoops arrived, they noticed Holloman had placed themselves to play the Lethal Hoops for the first game.

Again, Holloman played a great game an came out on top, dropping Cannon to the losers bracket after their first game.

As the other teams in the tournament fought it out in the winner's bracket, the Lethal Hoops was faced with having to win every game to remain in the tournament.

The Lethal Hoops disposed of White Sands, a civilian Hood Starz team and Fort Bliss to advance to a Sunday rematch with Holloman.

This game brought Coach Nate "old school" Stephens off the sidelines to join the players and start the game.

Cannon beat Holloman for the right to play in the championship game against the New Mexico All-Star team.

The Holloman game finished at 11:30 a.m., leaving Cannon 30 minutes to rest. The All-Star team proved to be too fresh and beat a tired Lethal Hoops team.

"Second place was further than I thought we could finish after that first loss," said Coach Stephens. "We showed a lot of resilience."

By coming in as the runner up, Cannon received a trophy and T-shirts for each player.





### SPORTS SHORTS



### The 70,000 steps in 7 days challenge

Don't forget to strive for 70,000 steps though March 11 to promote Medical Fitness Week. Participants who signed up at the Cannon Health and Wellness Center received a pedometer to track their steps. Prizes will be awarded at the end of the challenge. Call 784-1004 for more information.

#### Cannon Lanes 784-2280

**Family Fun Night** — Bowl for \$2 per game from 6 p.m. to midnight Saturday. The whole family is invited and bumpers are available for smaller children.

Mystery Price Game — One person will draw a ticket that shows the cost of the games for their lane from 6 to 9 p.m. March 10. Prices range from \$1-\$2 per game.

**Cosmic Bowling** — Bowl for \$2.50 per game from 9 p.m. to midnight March 10.

Bowl with the lights over the lanes turned off and blacklights turned on. Lively music will play in the background.

Wednesday Specials — Students receive discounts from 1:30 to 4:30 p.m. Wednesdays. Bowl four games and receive free shoes and a drink for \$5.

Everyone can bowl as many games as possible from 6 to 9 p.m. for \$5 per person.

#### Youth Center 784-2747

Youth activities for 'Tweens (ages 9-12) and Teens (ages 13-18)

Today — FitFactor Activities, 3-on-3 Basketball

Saturday — FitFactor Activities

Tuesday — Chess and FitFactor

Wednesday — Board Games, Skating and Scooters

Thursday — FitFactor Activities and Dart Challenge

### Whispering Winds Golf Course 784-2800

**Senior Days** — Senior golfers, 50 years and older, receive \$2 off daily

green fees and 50 percent off electric cart rentals on Monday and Friday.

**Retiree Wednesdays** — Golfers with retired military identification cards receive \$2 off daily green fees and 50 percent off electric cart rentals.

#### Fitness Center 784-2466

March Madness Basketball — At 11 a.m. March 13 — 15, participate in a 3-point Shoot-out, Free-throw Competition and Around the World Shoot-out.

#### Outdoor Rec. 784-2773

**Ski Santa Fe** — Experience the 12,075 foot summit which is part of the Sangre de Cristo mountain range. These mountains have 1,725 vertical feet of skiing and 67 runs winding through the country. This trip leaves March 10 and costs \$40 for transportation, ski equipment and snacks. Lift tickets can be purchased at a group rate if at least 20 people sign up by Monday.

#### End Zone 784-4283

 $\mathbf{DJ}$  — A DJ plays from 7 p.m. to 1 a.m. Fridays at the End Zone.



ANSWERS TO PUZZLE ON PAGE